



FACIALS

Tightening and Brightening Facial 80 Min \$185
This facial is known for its instant brightening, tightening and smoothing effects. In just one treatment, you will see renewed skin. Reducing fine lines and wrinkles while smoothing and softening. Vitamin C and Hyaluronic Acid will instantly transform your skin.

Fruitzyme Rejuvenating Facial 50 Min \$165
Skin is awakened and rejuvenated with this fruit enzyme and fruit acid facial treatment. Perfect for dehydrated, dull and aging skin. This treatment infuses a potent dose of antioxidants, anti-inflammatory ingredients and powerful peptides for youthful glowing skin.

Glow N' Go 25 Min \$90
A perfect mini face refresher! Great introduction to basic skin care needs. Includes a deep cleanse, light exfoliation, mask and moisturizer. (Does not include: extractions, steam or facial massage).

ENHANCEMENTS

Add any of the following enhancements to your Massage or Body Treatment

Paraffin Treatment	\$25
Heat Pack Therapy	\$25
Aromatherapy	\$20
Hot Towel Service	\$20
Scalp Add-on (5 Min)	\$30
Sinus Add-on (5 Min)	\$30
Hot Towel Service with Aromatherapy	\$25
Body Butter Upgrade for Massage	\$20
Heated Eye Pack Add-On	\$20

MASSAGE

Couples Massage 50 Min \$285 / 80 Min \$355
Enjoy a massage together in the same room. Your therapist will incorporate a paraffin treatment into your session and customize techniques to individualize your treatment. Deep Tissue Upgrade \$20

Hot Stone Massage 50 Min \$165

Tranquility Signature Hot Stone Massage 80 Min \$215
Hot stones are incorporated into your massage on specific areas of the body to provide total relaxation.

Deep Tissue Massage 50 Min \$160 / 80 Min \$200
Deep pressure massage targeting tight, sore muscles.

Swedish Massage 50 Min \$150 / 80 Min \$185
A light pressure massage to ease tension and relax the body.

Pre-natal Massage 50 Min \$150
Relax and improve circulation while reducing fatigue. Special care is taken to ensure comfort of mom and baby.

Mini Massage 25 Min \$90
Focuses on neck, shoulders and back area to relieve stress.

Sinus Relief Massage 25 Min \$75
Add On or Stand Alone

Invigorating Scalp Massage 25 Min \$75
Add On or Stand Alone

Aromatherapy Massage 50 Min \$185 / 80 Min \$225
A soothing blend of gentle massage techniques and essential oils. This treatment promotes deep relaxation, relieves tension, and enhances overall well-being.

BODY TREATMENTS

Sugar Smoothie Body Polish 25 Min \$95 / 50 Min \$150
A total body exfoliation using vanilla infused sugar scrub and moisturizing body butter. Leaving your skin silky smooth with a radiant glow.

Women's Herbal Body Wrap 80 Min \$200
This herbal treatment balances the body's hormones and improves the texture and appearance of the skin. With soothing Aloe Vera Gel and a blend of Ayurvedic, Chinese and Western Herbs this wrap rids the body of excess fluids and toxins leaving you feeling extremely balanced and renewed.

Hands or Feet Treatment 25 Min \$95 / 50 Min \$150
Relax and treat your hands, feet or both to an exfoliation and moisture treatment. Followed with warm mittens/ booties and a light massage.

Aromatherapy Body Scrub 25 Min \$95 / 50 Min \$150
This luxurious treatment combines natural exfoliating ingredients with essential oils to gently buff away dull skin, leaving your body feeling soft, smooth, and refreshed.

Reflexology 50 Min \$120
Therapeutic treatment focused on applying gentle pressure to specific points on your hands, feet and ears. These pressure points correspond to different organs and systems in your body, promoting improved circulation, stress relief, and overall harmony. Perfect for restoring balance and encouraging natural healing.

22% Service Charge added to all spa treatments.



SPA PACKAGES

We have combined some of our customer favorites into combination packages.

Gentle Respite

50 Min \$170

Glow N' Go Facial
Mini Massage

Splendid Moment

100 Min \$320

Fruitzyme Rejuvenating Facial
Aromatherapy Massage

Tranquil Experience

150 Min \$450

Sugar Smoothie Body Polish
Fruitzyme Rejuvenating Facial
Aromatherapy Massage
Tightening & Brightening Upgrade \$20

Stress Me 'Knot'

75 Min \$240

Choose 3 Treatments from the below:
Mini Massage, Sinus Relief Massage, Scalp Massage,
Hands or Feet Treatment

Radiant Renewal

75 Min \$220

50 Minute Swedish Massage using hot oil
Mini body scrub

Romeo and Juliet

105 Min \$580

80 Minute Couples Massage
Mini Body Scrub
Paraffin Treatment on hands and feet
Truffles and Champagne

22% Service Charge added to all spa treatments.

TO ENHANCE YOUR EXPERIENCE

- Please arrive 10 minutes prior to your scheduled appointment time.
- Please turn all cell phones off
- Alcohol is not recommended before, during or immediately after treatments.
- Keep in mind we require 24 hours for cancellations and scheduling changes a 100% fee will be charged for missed appointments. Your appointment time must be secured with a credit card at time of scheduling.
- For your convenience, a 22% service charge is added to all spa services.
- Guests under the age of 18 must have a signed parental consent form prior to treatment being performed.
- Please notify us if you are pregnant so that we may take extra care during your visit.
- We are not responsible for valuables brought to the spa.

Walk ins are always welcome.
Appointments are recommended.
Open Daily.



7000 Lanier Islands Parkway
Buford, GA • 30518
770.945.8787
LanierIslands.com



678.318.7887